



Pain Specialists of Charleston, P.A.

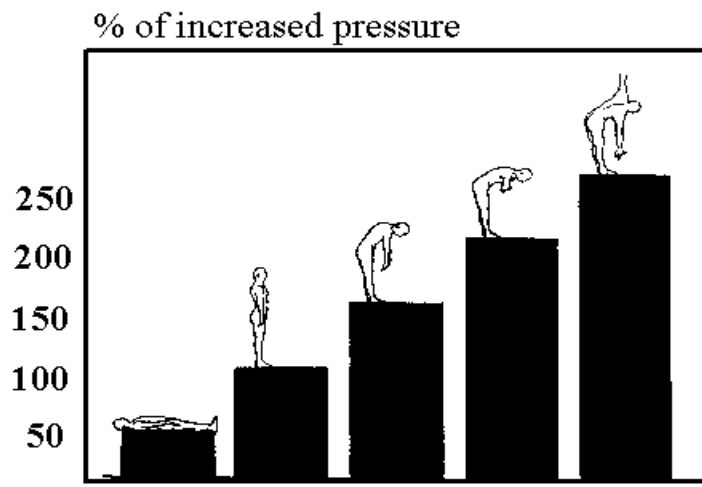
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LOW BACK PAIN- RADICULOPATHY

Low back pain is definitely related to position and activity. The graph below demonstrates postural changes which have varying effects on the lumbar disc pressure. As a general rule, sitting and driving a vehicle create a more mechanical pressure on the lumbar disc. Different spinal conditions will have a variety of factors, including body position, which will ultimately result in the pain you may be feeling.



Relative loads on lumbar disc during various positions.

